



C19

ASC Practice Support Programme

Adult Social Care services and our Care Providers in Camden are facing pressures in demand for services due to COVID-19, as well as amendments to underpinning legislation. To support your practice and wellbeing during these exceptional times a C19 Adult Social Care Practice Framework has been developed and can be found on the [ASC Practice Guide](#).

This programme of sessions and resources complement and provide opportunities to engage with the subjects outlined in the framework, and reflect on practice and experiences.

We hope you find this programme useful and supportive. We would like to hear from you if you feel that additional topics or resources on emerging themes would be helpful to you. Please speak with your manager, or contact Jackie.Kennedy@camden.gov.uk, Deborah.Gordon@camden.gov.uk or Stella.Smith@camden.gov.uk.

MANAGEMENT SUPPORT

[Lead and manage your team during Covid-19](#)

A range of networks, articles and top tips on Essentials including *Peer Network sessions* and *Coaching for Leaders* to support you as a manager during this time.



[Managers Reflective Space](#) - Sally Nieman

An hour of reflective space for managers to explore issues and reactions arising from the current situation. These sessions will take an action style format and be led by Sally Nieman and supported by Stella Smith. Topics covered will initially be those brought by participants, but may later become themed

Sessions available:

14 May 2020 11:30 – 12:30
21 May 2020 15:00 – 16:00
2 June 2020 15:00 – 16:00
9 June 2020 10:00 – 11:00
17 June 2020 14:00 – 15:00
25 June 2020 14:00 – 15:00



[Let's lock down Supervision! top tips](#) – Sally Nieman

A look at the impact of not being in the same room during supervision; things to consider and emerging best practice.

Sessions available:

20 May 2020 11:30 – 12:30
3 June 2020 14.00 – 15.00

[Emotional resilience in times of crisis: how organisations can support practitioners blog](#) - Research in Practice

Social care practitioners are incredibly valuable to society for the support they provide to those in need, now more than ever, as we come to terms with significant changes due to the COVID-19 pandemic. So in this time of national crisis what can organisations do to support practitioners?



PRACTICE SUPPORT

[Responding to COVID-19: the ethical framework for adult social care](#) - Research in Practice
The Department of Health and Social Care (DHSC) have issued an ethical framework for adult social care to support the planning and organisation of adult social care during the COVID-19 outbreak. The framework should be used alongside existing legislative, regulatory and professional codes.



[Using Research in Practice resources in times of crisis](#) – Research in Practice
An introduction to Research in Practice new website and a walk through of some of the resources available to help your practice and you personally during these unusual times.

Sessions available:

28 May 2020 11:00 – 11:30
10 June 2020 14:00 – 14:30
16 June 2020 10:00 – 10:30

[Research summaries focusing on impact of pandemic](#) - Research in Practice
Research on social work practice during 'extreme events' offers valuable insights and transferable learning, applicable to social work [and care] during the current COVID-19 epidemic.



[Covid19: Safeguarding](#) – Noel Geoghegan
An opportunity to explore issues around Safeguarding at a time when in-person contact is not possible. This will be a Q&A session covering a range of topics including safeguarding concerns, domestic violence and recording.

Sessions available:

14 May 2020 10:00 – 11:00
3 June 2020 10:00 – 11:00
9 June 2020 11:00 – 12:00



[COVID-19 Mental Capacity Act and Deprivation of Liberty](#) – Tony Anyaegbu
This session will be used to discuss/explore difficulties in effectively applying the Mental Capacity Act 2005 during this period where face to face contact restrictions apply.
We will also explore how to go about undertaking a robust best interest assessment even when completed remotely.

Finally, we will explore under what circumstances the Court of Protection should be approached.

Sessions available:

13 May 2020 14:00 – 15:00
19 May 2020 14:00 – 15:00

[Holding onto principles: the MCA and Covid-19](#) – 39 Essex Chambers



[What Matters Induction and Talk the Mile](#) – Deborah Gordon and Sean Ahern

An overview of the 'What matters' strength based approach and practice expectations and introduction to local community resources in 'Talk the Mile'.

Sessions available:

21 May 2020 11:00 – 12:30

18 June 2020 11:00 – 12:30

[Enabling community capacity blog](#) - Research in Practice

The number of organisations and groups forming or adapting to a new and changing situation is massive. The knowledge and experience of their communities is of immense value as the country mounts the largest programme of at-home support ever conceived. The question has to be – 'How can we best combine professional capacity with community capacity in our shared endeavour against COVID-19?'



[What Matters Coaching](#) - Nick Neilson and Doug Hing, supported by local What Matters coaches

These sessions will provide you the space to discuss some of the key conversational challenges you're having at the moment, to refresh on coaching skills and problem solve together.

Sessions available:

12 May 2020 11:00 – 12:00

14 May 2020 14:00 – 15:00

[Recording strengths-based conversations webinar \(pre-recorded\)](#) - Research in Practice

Recording strengths-based conversations should be done in a way that captures the thoughts, feelings and wishes of the individual, alongside those of their family members or carers. This Webinar gives you the opportunity to consider some of the characteristics involved in the recording of a strengths-based conversation, as well as some of the practice challenges.



[Reflective session: autism without a learning disability](#) – David Cohen and Rachael

Bond

Autistic adults are likely to find the coronavirus outbreak, the restrictions placed on daily living, and the changes to how their support is delivered, particularly confusing, worrying and in some situations distressing. Join us for an informal reflective discussion that will include examples from lived experience.

Sessions available:

26 May 2020 12:00 – 13:00

4 June 2020 12:00 – 13:00



[Mental Health: changes and workflows](#) – Cath Millen and Margaretha Staines
Insight into how the Social Care support provided by Mental Health Services within Camden & Islington NHS Foundation Trust have been streamlined in response to the Covid-19 crisis and an overview of the changes in the recording practices implemented during this period.

Sessions available:
Dates to be released online.

[Loneliness and social connection webinar \(pre-recorded\)](#) - Research in Practice
Explore emerging practice in response to additional pressures arising from social isolation, physical distancing and the impact of COVID-19.



[Budgets and charging during Covid19](#) – David Kinloch supported by Chantelle Burris, Sonia Drummond and Chris Essel
Overview of changes to how people pay for charges and contributions to care, and a chance to ask your questions.

Sessions available:
20 May 2020 10:00 – 11:00
28 May 2020 14:00 – 15:00

[Domestic abuse in the coronavirus epidemic blog](#) - Research in Practice
COVID-19 has significant implications for people living with domestic abuse. We know from research on previous disease outbreaks, natural disasters and humanitarian crises, that domestic abuse and violence against women increase during and after these types of events. This blog discusses prior research and shares links to updated guidance that may support practice in the current crisis.



[Family Group Conferences](#) – Sean Ahern and Miranda Johnson
Family Group Conference coordinators can be utilised as a resource to support practitioners as we respond to the coronavirus crisis. Join a session to find out more.

Sessions available:
13 May 2020 15:00 – 16:00
Further dates available online

[Working with loss and grief blog and webinar \(pre-recorded\)](#) - Research in Practice
This article and [pre-recorded webinar](#) looks at how practitioners can develop resilience and support others in relation to dealing with loss. It also highlights things supervisors and leaders can do to support frontline workers in working effectively with loss.



[Home Visiting Guidance and PPE](#) – Amanda Jackson, Darren Williams, Portia Lamb, Dr Helen Asquith, Charlotte Ashton, and Leonora Weil



Staff health and wellbeing is of the utmost importance to Camden. Practitioners should avoid in-person contacts wherever possible, however, if a contact is absolutely necessary this session will ensure you are fully apprised of the guidance in place to keep you safe.

Sessions available:

28 May 2020 10:00 – 10:45

3 June 2020 11:00 – 11:45

10 June 2020 10:00 – 10:45



[Working remotely: 12 top tips](#) and [working remotely sessions](#)

Although working from home isn't new to us, working from home for an extended period of time and at scale right across the organisation is something we haven't experienced before. This guide will help you to work from home effectively and give you ideas to support your wellbeing.

STAFF WELL-BEING



[Reflective Practice for Staff](#) - facilitated by Sean Ahern and Deborah Gordon

Reflective Practice sessions provide an opportunity for practitioners to get together virtually and reflect on their practice and how the response to coronavirus affects them at this time. It uses an Action Learning model of facilitation.

Sessions available:

21 May 2020 13:00 – 14:30

4 June 2020 13:00 – 14:30

11 June 2020 13:00 – 14:30

[Critically reflective practice: Making sense of uncertainty webinar \(pre-recorded\)](#) -

Research in Practice

This pre-recorded webinar aims to support practitioners to recognise the support they need from supervisors and leaders in order to engage in reflective practice and develop strategies to support the development of their own reflective practice skills.

[Social work from home. Creating thinking spaces blog](#) - Research in Practice

Working remotely can remove thinking space and transitional experiences that were previously helpful. This blog suggests some ways that care professionals can create spaces for thinking in and around their homes.

We also will be hosting a range of informal '**C19: Wellbeing Webinars**' the first of which is:



[Sleep: the foundation to health and well-being](#) – Paul Faddy

27 May 2020 11:00 – 12:00





These are complemented by the range of **'Looking after each other during Covid-19'** sessions and resources found on Essentials

Physical wellbeing during Covid-19 - When many of us are working from home physical activity has a very positive impact on our mental wellbeing. A little bit of exercise each day releases endorphins and helps to keep our minds clear.

Social wellbeing during Covid-19 - Maintaining a sense of connectedness, belonging and social inclusion while working remotely or with social distancing.

Mental wellbeing during Covid-19 - Support for your mental health and resilience during exceptional times, including *mindfulness* and *reflective pause* sessions.

Financial wellbeing during Covid-19 - Links to internal and external information sources

Bereavement support - We know that very sadly, at some point during the current coronavirus pandemic, some of you may experience the loss of a loved one. These resources are designed to support you through grief and bereavement should you need it.